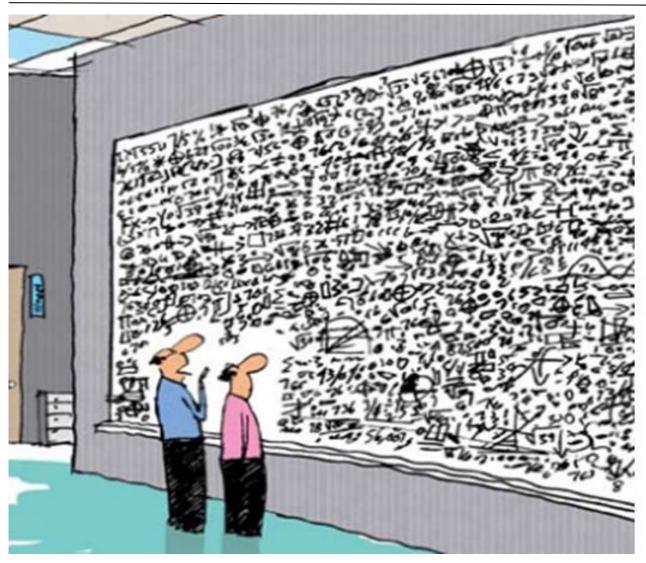


# **FREE THETAN**

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

February 2020 Volume 11 Issue 2



THE DEGREE OF COMPLEXITY IS PROPORTIONAL TO THE DEGREE OF NONCONFRONT

THE DEGREE OF SIMPLICITY IS PROPORTIONAL TO THE DEGREE OF CONFRONT

**HCO PL 18 September 1967 COMPLEXITY AND CONFRONTING** 

# **FREE THETAN**

# NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN Volume 10 Issue 2 February 2019

**Editor in Chief**Michael Moore

#### **Contributors**

L. Ron Hubbard Michael Moore Sebastian Tombs Harry Seldon And many others

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 $\underline{support@internationalfreezone.net}$ 

# **Important**

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~



The Members Quarterly Journal of the

Association of professional Independent Scientologist

Preserve, Protect & Promote

http://independent-scientologists-association.net



reservo, servo, proveho





reservo, servo, proveho

Dear Reader,			
Until next time			
Much arc,			
Michael Moore Editor			
	~000000~		

#### The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not yette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

#### The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has al being.

APIS is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

APIS does not seek revolution. APIS And may a new day dawn for you, for seeks only to assist in paving the way for those you love and for man. evolution to higher states of being for the individual and for society. After endless Our aims are simple, if great. millennia of ignorance about himself, his mind and the universe, a breakthrough And we will succeed, and are succeeding has been made for man by Lafayette Ron at each new revolution of the Earth. Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafatechnology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiritu-trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

Our help is yours."

#### **CERTIFIED AUDITORS & GROUPS**

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details. They have passed stringent testing by senior technically qualified people as per the <u>certification</u> process.

#### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. <a href="mailto:standardtechauditor@yahoo.ca">standardtechauditor@yahoo.ca</a>

USA

**South East** 

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels <a href="mailto:scttservices@gmail.com">scttservices@gmail.com</a>

#### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

Trey Lotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors Auditing and C/Sing all old LRH Bridge info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

#### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX Delivers: Internships, apprenticeships and Okay-to-Audits Class V Ken Urquharturg@verizon.net

Non certified and pending auditors, groups and organizations can be found on the <u>auditors page</u>. APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.



#### HUBBARD COMMUNICATIONS OFFICE Saint Hill Manor, East Grinstead, Sussex HCO POLICY LETTER OF 14 FEBRUARY 1965

(Reissued on 7 June 1967, with the word "instructor" replaced by "supervisor".)

Remimeo All Hats BPI

#### SAFEGUARDING TECHNOLOGY

For some years we have had a word "squirreling". It means altering Scientology, off-beat practices. It is a bad thing. I have found a way to explain why.

Scientology is a workable system. This does not mean it is the best possible system or a perfect system. Remember and use that definition. Scientology is a workable system. In fifty thousand years of history on this planet alone, Man never evolved a workable system. It is doubtful if, in foreseeable history, he will ever evolve another.

Man is caught in a huge and complex labyrinth. To get out of it requires that he follow the closely taped path of Scientology. Scientology will take him out of the labyrinth. But only if he follows the exact markings in the tunnels.

It has taken me a third of a century in this lifetime to tape this route out. It has been proven that efforts by Man to find different routes came to nothing. It is also a clear fact that the route called Scientology does lead out of the labyrinth. Therefore it is a workable system, a route that can be travelled.

What would you think of a guide who, because his party said it was dark and the road rough and who said another tunnel looked better, abandoned the route he knew would lead out and led his party to a lost nowhere in the dark. You'd think he was a pretty wishy-washy guide.

What would you think of a supervisor who let a student depart from procedure the supervisor knew worked. You'd think he was a pretty wishy-washy supervisor. What would happen in a labyrinth if the guide let some girl stop in a pretty canyon and left her there forever to contemplate the rocks? You'd think he was a pretty heartless guide. You'd expect him to say at least, "Miss, those rocks may be pretty, but the road out doesn't go that way."

All right, how about an auditor who abandons the procedure which will make his preclear eventually clear just because the preclear had a cognition?

People have following the route mixed up with "the right to have their own ideas." Anyone is certainly entitled to have opinions and ideas and cognitions-so long as these do not bar the route out for self and others.

Scientology is a workable system. It white tapes the road out of the labyrinth. If there were no white tapes marking the right tunnels, Man would just go on wandering around and around the way he has for eons, darting off on wrong roads, going in circles, ending up in the sticky dark, alone.

Scientology, exactly and correctly followed, takes the person up and out of the mess.

So when you see somebody having a ball getting everyone to take peyote because it restimulates prenatals, know he is pulling people off the route. Realize he is squirreling. He isn't following the route.

Scientology is a new thing-it is a road out. There has not been one. Not all the salesmanship in the world can make a bad route a proper route. And an awful lot of bad routes are being sold. Their end product is further slavery, more darkness, more misery.

Scientology is the only workable system Man has. It has already taken people toward higher I.Q., better lives and all that. No other system has. So realize that it has no competitor.

Scientology is a workable system. It has the route taped. The search is done. Now the route only needs to be walked.

So put the feet of students and preclears on that route. Don't let them off of it no matter how fascinating the side roads seem to them. And move them on up and out. Squirreling is today destructive of a workable system.

Don't let your party down. By whatever means, keep them on the route. And they'll be free. If you don't, they won't.

L. RON HUBBARD Founder



# CAUSATION OF KNOWLEDGE

Extract from Scientology: Fundamentals of Thought By L. Ron Hubbard

Scientology as a science is composed of many axioms (self-evident truths, as in geometry). There are some fifty-eight of these axioms in addition to the two hundred more axioms of Dianetics which preceded the Scientology axioms.

The first axioms in Scientology are:

Axiom 1. Life is basically a static. (Definition: A life static has no mass, no motion, no wave-length, no location in space or in time. It has the ability to

postulate and to perceive.)

Definition: In Scientology, the word "postulate" means to cause a thinkingness or consideration. It is a specially applied word and is defined as causative thinkingness.

Axiom 2. The static is capable of considerations, postulates and opinions.

Axiom 3. Space, energy, objects, form and time are the result of considerations made and/or agreed upon or not by the static, and are perceived solely because the static considers that it can perceive them.

Axiom 4. Space is a viewpoint of dimension. (Space is caused by looking out from a point. The only actuality of space is the agreed-upon consideration that one perceives through something, and this we call space.)

Axiom 5. Energy consists of postulated particles in space. (One considers that energy exists and that he can perceive energy. One also considers that energy behaves according to certain agreed-upon laws. These assumptions or considerations are the totality of energy.)

Axiom 6. Objects consist of grouped particles and solids.

Axiom 7. Time is basically a postulate that space and particles will persist. (The rate of their persistence is what we measure with clocks and the motion of heavenly bodies.)

Axiom 8. The apparency of time is the change of position of particles in space.

Axiom 9. Change is the primary manifestation of time.

Axiom 10. The highest purpose in the universe is the creation of an effect.

These first ten axioms of Scientology are the most fundamental "truths" (by which we mean commonly held considerations). Here we have thought and life and the physical universe in their relation, one to the other. Regardless of further considerations, ideas, assumptions and conditions there lies beneath them these first ten truths.

It is as though one had entered into an honorable bargain with fellow beings to hold these things in common. Once this is done, or once such a "contract" or agreement exists, one has the fundamentals of a universe. Specialized considerations based on the above make one or another kind of universe.

The physical universe which we see around us and in which we live was created on these fundamentals without regard to Who created it. Its creation was agreed upon. In order to perceive it, one must agree that it exists.

There are three classes of universes. There is first, foremost and most evident, the physical universe of spaces, stars, suns, land, sea, air and living forms. Then there is the other fellow's universe which may or may not be agreed upon by his associates. This he holds to himself. The phenomenon of this universe is included in the field of the "mind" as described earlier. Then, listed last here, but first perceived, is one's own universe.

The phenomenon of universes is an interesting one, since one's own universe can be overwhelmed by the universes of others. These in Scientology we call valences (extra personalities, cells, apparent beingnesses). Valences and universes are the same thing, essentially.

For example, one while living in the physical universe can be overpowered by the universe of, let us say, father. While one still retains his own valence or identity, one is yet acting or thinking or suffering or feeling somewhat like father. Even though one is by oneself, there is this additional apparent beingness. Although father is absent, his commands are still present. Thus we get such things as "duty", "obedience", "training" and even "education". Each one of these is caused by some part of another universe to a greater or lesser degree.

Regardless of how one reacts to universes, he still remains in some degree himself. It is the effort of many to struggle against universes or valences. In fact, this is a game and the essence of games. The totality of the impulse of aberrated people is the effort to separate one's own self as a thetan from the various universes with which he feels himself too intimately associated. One is only oppressed by a universe when he feels he can have nothing of that universe. One is only victimized by "Father's universe" when one is in protest against father.

One protests against the physical universe only when he feels that he can have no part of it or does not belong in it or, as in religion, is not looked upon kindly by what he conceives to be the Creator of the physical universe. There is a basic law about universes: the postulates of the creator of any universe are the postulates which "work" in that universe. Thus one may feel uncomfortable in the universe of another.

Universes, as considered in games earlier, could be considered the playing fields of life. One plays willingly or one plays unwillingly. When one begins to play unwillingly he is apt to discover himself victimized by and interiorized into the universe of some game. It is against this phenomenon that a person protests. Consider the matter of a jail. On the surface of it, as Voltaire discovered, a jail provides food and shelter and leisure time. This would seem to be the ambition of many people, but the jail provides as well a restriction without one's consent. The only difference between being in jail and being the king in a castle, so far as liberty is concerned, is one's own desires in the matter and one's own ability to command one's environment. As a king in a castle one would be causative. His will, statement, thinkingness would have an effect upon others. Being in jail, one is an effect in that the thinkingness of others finds him its target. Here we have in terms of universes the most rudimentary example of cause and effect.

We must, however, assume, because it is so evident, that an individual only gets into traps and circumstances he intends to get into. Certain it is that, having gotten into such a position, he may be unwilling to remain in it, but a trap is always preceded by one's own choice of entrance. We must assume a very wide freedom of choice on the part of a thetan, since it is almost impossible to conceive how a thetan could get himself trapped even though he consented to it. By actual demonstration a thetan goes through walls, barriers, vanishes space, appears anywhere at

will and does other remarkable things. It must be, then, that an individual can be trapped only when he considers that he is trapped. In view of the fact that the totality of existence is based upon his own considerations, we find that the limitations he has must have been invited by himself— otherwise they could not be eradicated by the individual under processing, since the only one who is present with the preclear is the Auditor, and past associates of the preclear, while not present, do desensitize, under auditing, in the preclear's mind. Therefore it must have been the preclear who kept them there. The preclear by processing can resolve all of his difficulties without going and finding other persons or consulting other universes. Thus the totality of entrapment, aberration, even injury, torture, insanity and other distasteful items are basically considerations a thetan is making and holding right now in present time. This must be the case since time itself is a postulate or consideration on his own part.

The greatest philosophical clamor or quarrel has been waged around the subject of "knowledge", and there is nothing preposterous on the subject of knowledge that cannot be found in the philosophical texts. The superiority and ascendancy of Scientology depends upon the fact that it has transcended this philosophical quarrel on the subject of knowingness, and Scientology contains in itself the basics of knowledge.

By knowledge we mean assured belief, that which is known, information, instruction, enlightenment, learning, practical skill. By knowledge we mean data, factors and whatever can be thought about or perceived.

The reason why knowledge has been misunderstood in philosophy is that it is only half the answer. There is no allness to knowledge. By definition, knowledge is that which is perceived or learned or taken from another source. This patently then means that when one learns he is being an effect.

We see in Axiom 10 that "the highest purpose in the universe is the creation of an effect." This is in direct contradiction to knowledge, although one of course can know how to create an effect.

Opposed to knowledge we have the neglected half of existence, which is the *creation* of knowledge, the creation of data, the creation of thought, the causative consideration, self-evolved ideas as opposed to ideas otherwise evolved. The reason Scientology is such a fascinating study is that it takes apart the other fellow's ideas and permits one to create some of his own. Scientology gives us the common denominators of objects, energies, spaces, universes, livingness and thought itself.

There is *cause* and *effect*. Cause could be defined as emanation. It could be defined also, for purposes of communication, as source-point. If you consider a river flowing to the sea, the place where it began would be the source-point or cause, and the place where it went into the sea would be the effect-point, and the sea would be the effect of the river. The man firing the gun is cause; the man receiving the bullet is effect. The one making a statement is causing a communication, the one receiving the statement is the effect of the communication. A basic definition of communication is cause-distance-effect.

Almost all anxieties and upsets in human relations come about through an imbalance of cause and effect.

One must be willing at once to cause new data, statements, assumptions, considerations, and to receive ideas, assumptions, considerations.

So great is the anxiety of a thetan to be an effect that he closely approaches those things which can cause an effect upon him. Thus a thetan becomes trapped. On the face of it so few thetans make causative data and so many receive data that it would seem, in view of the fact that a the-

tan can be touched only by his own consideration, that thetans are more anxious for effects than to be cause.

It is learned under close experiments that there is nothing a thetan actually disdains on an effect level. He pretends not to like or enjoy certain effects and protests against them, but he knows very well that the mechanism of protest causes the effect to approach more closely as a general rule. This came about by his repeated failure to cause an effect and to receive no-effect in games. Insisting on no-effect for himself, he lost. Then he had to say he liked the effect.

The prevailing anxiety, then, is to be an effect, not to be a cause. The entire subject of responsibility is a study of cause and effect in that a person who wants no responsibility is anxious to be an effect only, and a person who can assume responsibility must also be willing to be causative. A thetan can be swung into a "state of consideration" by observing that it is commonly held by others. This keeps him in the universe and this keeps him being effect. Study, investigation, receiving education and similar activity are all effect activities and result in the assumption of less responsibility. Thus, while it is true that a thetan cannot actually get into trouble, he can, by agreeing with the current agreed-upon thought in the universe where he finds himself, take a pattern of thinkingness which makes him less effective because he wishes to be an effect. If he feels he must gather all of his data from elsewhere, he is then the effect of knowledge, the effect of universes and postulates, and he tends to reduce his own ability to form or make knowledge thirst for other thetans' postulates and would lead one to forget that he himself has been a party to the making of these postulates and that he himself had to follow a certain course in order to put himself in reach of other thetans' postulates.

(Note to Translators: Lacking a proper English word for "causative thinking", the word "postulate" has been used in slight difference to its English definition. If there is a word in your language which means "self-impulsion" or "creation of a thought", use that instead of "postulate".)

Because one is the effect of knowledge, causing data, considerations or "facts" to come into being separates one in distance from being an effect. If one is very anxious to be an effect and if this is his basic consideration, he will not take well to causing information to come into existence, but in order to get him out of the traps in which he finds himself, it is necessary to some degree that he do so.

Causing few barriers or traps, the individual then loses control over barriers or traps;

wishing to be an effect, of course he must lose control of barriers and traps, otherwise he cannot be entrapped by them. The thing to do to free him from a trap is to have him find what parts of the trap he himself is willing to create, own, have or possess. This places the barriers (which can be spaces, energy movements or obstacles) under his control, and his postulating that he can have or possess this or that causes him to be willing to be or occupy the trap. The moment this occurs he is no longer in the trap, or even if he is still in it to some degree he does not object to it and can leave it when he wishes.

#### Civilization and Savagery

The way to paralyze a nation entirely and to make it completely ungovernable would be to forbid education of any kind within its borders and to inculcate into every person within it the feeling that he must not receive any information from anybody about anything. To make a nation governable it is necessary to hold a kindly view of education and to honor educative persons and measures. To conquer a land it is not necessarily efficient to overwhelm it with guns. Once this is done it is necessary to apply educative measures in order to bring about some sort of agreement amongst the people themselves, as well as between the conqueror and the

subdued. Only in this way could one have a society, a civilization or, as we say in Scientology, a smoothly running game.

In other words, two extremes could be reached, neither one of which is desirable for the individual. The first extreme could be reached by emphasis only upon self-created data or information. This would bring about not only a lack of interpersonal relations, but also an anxiety to have an effect which would, as it does in barbaric peoples, result in social cruelty unimaginable in a civilized nation. The other extreme would be to forbid in its entirety any self-created information and to condone only data or considerations generated by others than self. Here we would create an individual with no responsibility, so easily handled that he would be only a puppet.

Self-created data is then not a bad thing, neither is education, but one without the other to hold it in some balance will bring about a no-game condition or a no-civilization. Just as individuals can be seen by observing nations, so we see the African tribesman, with his complete contempt for truth and his emphasis on brutality and savagery for others but not himself, is a no-civilization. And we see at the other extreme China, slavishly dedicated to ancient scholars, incapable of generating within herself sufficient rulers to continue, without bloodshed, a nation. We have noted the individual who must be the only one who can make a postulate or command, whose authority is dearer to him than the comfort or state of millions, and we have suffered from such men (Napoleon, Hitler, Kaiser Wilhelm, Frederick of Prussia, Genghis Khan, Attila). We have known, too, the scholar who has studied himself into blindness and is the world's greatest authority on government or some such thing, who yet cannot himself manage his bank account or a dog with any certainty. Here we have, in either case, a total imbalance. The world shaker is himself unwilling to be any effect of any kind (and all the men named here were arrant personal cowards) and we have the opposite, a man who would not know what you were talking about if you told him to get an idea of his own.

We see another example of this in the fundamental laws of warfare. A body of troops, to be effective, must be able to attack and to defend. Its implements must be divided 50% for attack and 50% for defense. In other words, even in a crude activity such as warfare, we find that no successful outcome is possible unless the troops can devote half of their energies to attack and half of them to defense.

In the much broader view of life we discover on any dynamic that success or a game or activity or life itself depends upon being willing to be cause as well as willing to be an effect. He who would give must be willing to receive. He who would receive must be willing to give. When these tenets are violated, the most fundamental principle of human relationships is violated, and the result is a no-game condition such as aberration, insanity, anti-socialness, criminality, inactivity, laziness, tiredness, mania, fanaticism and all the other things against which men protest. But imbalances between cause and effect also enter randomities (unpredicted motions) into the game of life and cannot be neglected in their potential for creating a game.

Any information is valuable to the degree that you can use it. In other words, any information is valuable to the degree that you can make it yours. Scientology, of all the sciences, does not teach you—it only reminds you, for the information was yours in the first place. It is not only the science of life, but it is an account of what you were doing before you forgot what you were doing.



# Wins and Successes in the Scientology Independent Field

#### **Training**

#### **New Era Dianetics Course**

This success story is not easy to write. The reason it is not easy is because I am not sure myself exactly what happened and how to put it into words. But here goes.

I have been on the NED auditor course for some time. I started with the Pro TRs course which set me up well for the NED course. It is not an easy course and I have been up and down the tone scale quite a bit all through the course. Now I am on the student auditing portion of the checksheet where I am auditing public people. I have made some errors and have been corrected quit a lot. No problem, I am getting through it. As a result of all this I have been going through some fear, trepidation and doubt as to whether I will make it as a student auditor. Then yesterday I took my PC into session and we had a great session. He was F/Ning and having cogs and all of a sudden I felt like I had just passed through a wall of some sort and I suddenly had the cognition that, YES, I can do this!! All at once I realized that what I had heard auditors say about the auditor winning when the PC wins were all true. I was completely blown out!! So much so that when I went to my Method One session this morning, we had to end the session before it started!!

I can definitely say that I want anyone who has a glimmer of hope or thought that you have ever desired to be an auditor, just get your ass into this course room and do it.

Bill Poore, proud to be a NED auditor.

#### **Auditing**

#### **ARC Straighwire**

"After completing the ARC Straightwire...

I now understand a lot more and I've started to feel more settled down. My stomach issues have improved so much I can start eating more foods; also my back and neck have improved.

When going through ARC Straightwire I was hesitant with some of the commands, but after doing them I see

how much things have changed in my life so far. My focus is returning.

My love and passion for things is coming back and I really see where and how it got turned off, and I've now started to turn them back on and really see things happen."

#### **Grade III**

I have finished my Grade 3 not a long time ago. And here some changes that I have noticed.

After Grade 2, I have noticed that a lot of new people start coming into my life. I was VERY socially active. Some of those new people have brought problems in my life. So, it was a big flow of people but looking now from the side, I realize that those were "not right people"

Grade III release in opposite brought quite low socialization. And what I have noticed in my attitude to others is that I have started noticing others games that they have chosen to play. It might not be the game that I like to play, but I am ok with letting people play it. I take easier others criticism and complains. This is part of their game, not mine. I am free to build my own rules

I see now how many times I was playing someone else's game. I can use this quiet time in my life to figure out – what is truly my game? What do I want to play in this life? Lana

#### **Audited NOTS**

When you read the NOTS series, you will ask yourself, "how on earth did anyone ever figure a way out of this maze?". Yet LRH did it.

I am still amazed that someone even saw the situation in the first place.

This grade is a little like The Magical Mystery Tour - you'll never guess what's around the corner - but a "Splendid time is guaranteed for all" (if you do it standardly).

My personal space has gotten much bigger and my ARC for people, plants and animals has hit an all time high. I truly do wish that others could have the gains I now have.

I'd like to thank Trey Lotz who started me on this level and Chris Black and C/S Jacques who guided me to the finish line.

The future is looking pretty good!

Gil Mullen

This is someone who has been off the Bridge for 26 years!! He had not completed audited NOTs. We are in the process of doing that.

Well, as I'm sitting here writing this I see that the beauty of this auditing is not it's complexity but it's simplicity. During this auditing journey I've seen through the woof and warp of this universe and been from one end to the other.

I've perceived the folly and tragedy of this universe and I'm certain of how to untangle the web we have woven. NOTs auditing has the benefit of giving back to me the hidden and unknown case I didn't know I had and would never have suspected in a million years if I hadn't set foot on this path.

Grateful and humble that I have this opportunity. Thanks to Ingrid and those who made this possible. Merci!!

CS





## Scientology and other Definitions not in the Scientology Dictionaries

Ambiversion- A state of balance between introversion and extroversion. Introversion is directing one's interest inward, or things within self, and extroversion is directing one's interest

outward or things outside of self. Ambiversion is a marked characteristic of the Clear. (SCIENTOLOGY 0-8)

AOSH-. In Sidney and Copenhagen, the SH Orgs, and the AO's combined to form AOSH's. (Source unknown, possibly from the Pub's Org)

"Be Three Feet Back of Your Head".- is a strange and interesting combination of words. This simple combination of words hasn't been known before by man. Thetans don't move. They appear and disappear from locations, hence the way this phrase is worded. Dianetics 55 Chapter 14. This command has been known to get some auditors into trouble. The thetan exteriorizes and the PC's body goes limp and unresponsive. In one such case the auditor pleaded with the PC to return citing family and friends. Finally he returned after the auditor said, "Think of your poor auditor!". Dianetics 55 Chapter 16

Brain-. {additional definition} Definition 4. "A brain and the nervous system are simply conduits for physical universe vibrations.". The 1951 copyright of ,"Handbook for Preclears"- section on The Human Mind

Charm-. Charm is the ability to reach out, be, and admire. Your personal experience outside of the fact that society objects to a dirty shirt, doesn't mean very much when it comes to charm.- First International Congress on Dianetics and Scientologists - "Uses and Future of Scientology"

Continuum-. 1. A failure to complete a cycle of action. 2. A continuous seamless series. Time is a continuum. (HCOB 11 April 1964 "Q and A". 3. "The space time continuum is only incidentally important... -it comes up as an importance when you're crossing between universes. Particles don't cross between universes." (Phoenix Lecture #10 "Isness" 23 July 1954 (Track 8 on the CD)

Cosmic Consciousness-. The definition of cosmic consciousness is "we've all been around here for a long time." (-Phoenix Lecture #12, 23 July 1954 Track 8 on the CD)

Culture- {more definitions}. 2. The Tech of a race. (Ref unknown) 3."The very definition of culture could be summated by the amount of technology, knowingness, wisdom, in exist in that culture." Western culture is a combination of knowingnesses, which summate into a higher

and more decent form of life..". (PHOENIX LECTURE #7 "Training of Auditors" -Track 4 on the CD) 4. The anatomy of a culture is the willingness and ability of the people in that culture to play a game and cooperate with one another. (THE SPIRIT OF MAN CONGRESS #14 "The Game Called Man")

GITA {another definition} 2. Auditor has PC waste mock-up's, and accept them under duress, and desire, and finally take them or leave them alone. (SCIENTOLOGY 8-8008)

Freedom of Viewpoint - In the last days of Dianetics and the early SCN days we saw the concept of self determinism merged and became "freedom of viewpoint". Freedom of viewpoint means you can argue with yourself if you want to. This higher concept is occupying source point and receipt point at will. You could cheat in an argument by changing the fellow's mind from behind him." (PHOENIX LECTURES 16 JULY 1954) (NOTE: This is different from Pan determinism, which states that one can occupy two or more sides in a game simultaneously. Pan determinism is a bigger concept than self determinism and Freedom of Viewpoint.")

Knowing How to Know-. 1. Specializing in knowing how to know answers, without knowing vast amounts of technical data. Example:. A Scientologist would straighten out a turbine factory by getting management in touch with the foremen, and the workmen in touch with management, and the plant would make turbines. (PHOENIX LECTURE #10. 20 JULY 1954 "Consideration, Mechanics, and the Theory Behind Instruction). 2. Being the thetan, clear of the body and it's ridges, and able to handle illusion, matter, energy, space, and time. (SCIENTOLOGY 8-8008 glossary from earlier publication).

Lie Reaction Test-. Is given to study needle pattern for the PC, not to establish his lies. (E-METER ESSENTIALS BOOK, Section I, E-Meter Oddities)

Mechanical Lie - We mock up some space and we put an object in that space, and then we move it... that moment we've moved it, we've lied about it. It was created in one location and now we're saying, "It's over there." It doesn't do anything peculiar or weird by moving around. Handling energy doesn't create the lie. It takes another consideration than simply moving something to bring about an occlusion. (I Phoenix Lectures Axioms Part 4 Track 14 on the CD)

Metering - the auditor can see 1. The meter needle. 2. The worksheet. 3. and the PC with one directed look. (HCOB 20 December 1971 "Use of Correction Lists")

Paranoia- "all other determinism are contrary to my own." (PHOENIX LECTURE #7 "The Training of Auditors" 16 JULY 1954) (Track 9 on the CD)

#### HUBBARD COMMUNICATIONS OFFICE Saint Hill Manor, East Grinstead, Sussex HCO POLICY LETTER OF 30 DECEMBER 1970

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# Personnel Series 15 Org Series 20 ENVIRONMENTAL CONTROL

The differences between a competent person and an incompetent person are demonstrated in his environment (surroundings).

A person is either the effect of his environment or is able to have an effect upon his environment. The 19th Century psychologist preached that man had to "adjust to his environment". This false datum helped begin a racial degeneration.

The truth is that man is as successful as he adjusts the environment to him. Being competent means the ability to control and operate the things in the environment and the environment itself.

When you see things broken down around the mechanic who is responsible for them, he is plainly exhibiting his incompetence-which means his inability to control those things in his environment and adjust the environment for which he is responsible – motors. When you see the mate's boats broken up you know he does not have control of his environment.

Know-how, attention, and the desire to be effective are all part of the ability to control the environment. One's "standards" (the degree of rightness one is trying to establish and maintain) are directly related to one's desire to have a controlled environment. The attainment of one's *standards* is not done by criticism (a human system). It is done by exerting control of one's environment, and moving things effectively toward a more ideal scene.

Control of the environment begins with oneself. A good case state, a body that one keeps clean and functioning, this extends to one's own gear, his clothing, tools, equipment. It extends further to the things one is responsible for in the environment. Then it extends out into the whole environment, the people and the MEST.

One can get pretty dirty fixing things up. That's okay. But can one then also clean oneself up?

The ability to confront MEST is a high ability. After that comes the ability to handle

and control it.

The ability to confront people is also a high ability. After that comes the ability to get along with them and to handle and control them.

There is the Supreme Test of a thetan-the ability to make things go right. The reverse of this is the effort to make things go wrong. Incompetence-lack of know-how, inability to control-makes things go wrong.

Given some know-how or picking it up by observation, sane people make things go right. The insane remain ignorant intentionally or acquire know-how and make things go wrong.

Insane acts are *not* unintentional or done out of ignorance. They are intentional, they are not "unknowing dramatizations". So around insane people things go wrong.

One cannot tell the difference really between the sane and insane by behaviour. One can tell the difference only by the product. The product of the sane is survival. The product of the insane is an overt act. As this is often masked by clever explanations it is not given the attention it deserves. The pretended good product of the insane turns out to be an overt act.

A large percentage of this planet's population (undetermined at this time for the general public" but in excess of 20%) are insane. Their behaviour looks passable. But their product is an overt act. The popularity of war confirms this. The products of existing governments are mainly destructive. The final product of the human race will be a destroyed planet (a contaminated air cover rendering the planet unable to sustain life, whether by radiation or fumes). Thus, due to the inability to detect and handle the insane, the sane majority suffers. The hidden actions of the insane can destroy faster than an environment can be created **unless** one has the knowhow of the mind and life and the tech of Admin and the ability and know-how to handle MEST.

An area or activity hit by an influx of new recruits or new customers tends to unsettle, its MEST gets abuse, and things go out of control.

Gradually, working to put in order, the standards are again being attained. The minority insane gets handled, the know-how of groups and orgs becomes more generally known, the tech of MEST gets used again.

As an organization expands it goes through cycles of lowered condition and raised condition. This is normal enough since by taking on more and more area one is letting in more and more insane even though they are in a small proportion to the sane.

Order is re-established and survival trends resumed to the degree that the sane begin to reach out and handle things around them and as the insane are made sane. Thus one gets downtrends and uptrends. As soon as a group begins to feel cocky, it takes on more area. This in-

cludes more unhandled people, admin and MEST and a downtrend begins. Then the sane begin to handle and the insane begin to be sane and the uptrend starts.

This is probably even the basis of national economic booms and depressions. This is only bad to the degree that the insane are put in charge. As soon as this happens the downtrend becomes permanent and cultural decay sets in.

A group expanding rapidly into a decadent culture is of course itself subjected to the uptrend-downtrend cycles and has to take very special measures to counteract the consequences of expansion in order to maintain any rate of growth.

The individual member of a group can measure his own progress by increased ability to handle himself, his post and environment and the degree of improvement of the group itself because of his own work within it.

A group that is messing up its gear and environment worse than it did a while ago and is not improving it of course has to be reorganized before it perishes. No group can sit back and expect its high brass to be the only ones to carry the load.

The group is composed of individual group members, not of high brass.

The survival of a group depends upon the ability of its individual members to control their environment and to insist that the other group members also control theirs. This is the stuff of which survival is made.

A sane group, knowing and using their technologies of handling men and MEST, cannot help but control their environment. But this depends upon the individual group member being sane, able to control his MEST and those around him and using the tech of life, the tech of Admin, the tech of specific types of activity.

Such a group inevitably inherits the culture and its guidance.

#### L. RON HUBBARD



## A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

Remembered with Respect and Honor





#### Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

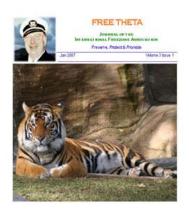
There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

- SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

#### FREE THETA

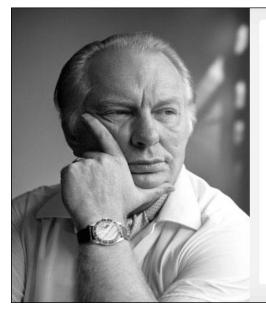
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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCHNTOLOGY 8800





"I have lived no cloistered life and hold in contempt the wise man who has not **lived** and the scholar who will not share.

"There have been many wiser men than I, but few have traveled as much road.

"I have seen life from the top down and the bottom up. I know how it looks both ways. And I know there **is** wisdom and there is hope."

- L. Ron Hubbard

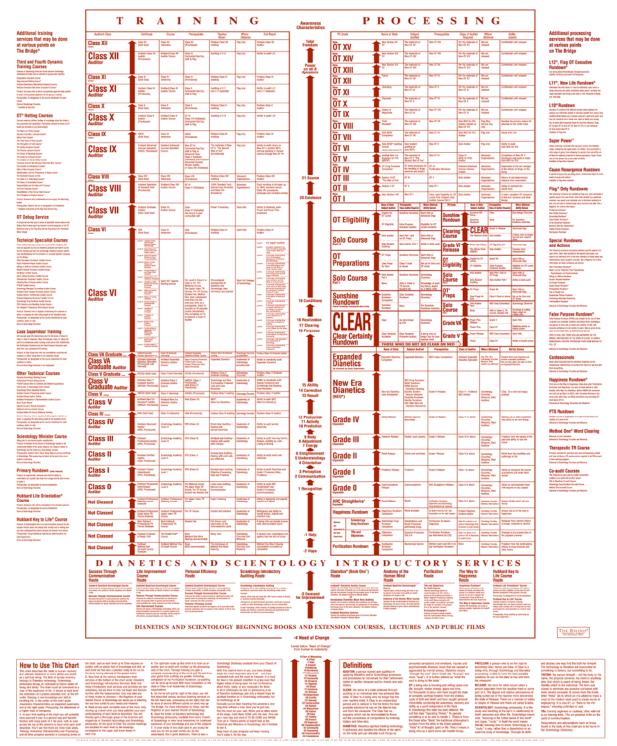
# Quote from L. Ron Hubbard

## THE CODE OF HONOUR

- 1. Never desert a comrade in need, in danger or in trouble.
- 2. Never withdraw allegiance once granted.
- 3. Never desert a group to which you owe your support.
- 4. Never disparage yourself or minimize your strength or power.
- 5. Never need praise, approval or sympathy.
- 6. Never compromise with your own reality.
- 7. Never permit your affinity to be alloyed.
- 8. Do not give or receive communication unless you yourself desire it.
- 9. Your self-determinism and your honour are more important than your immediate life.
- 10. Your integrity to yourself is more important than your body.
- 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
- 12. Never fear to hurt another in a just cause.
- 13. Don't desire to be liked or admired.
- 14. Be your own adviser, keep your own counsel and select your own decisions.
- 15. Be true to your own goals.

# THE BRIDGE TO TOTAL FREEDOM

# SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES





#### THE MAN WHO SUCCEEDS

The conditions of success are few and easily stated. Jobs are not held consistently and in actuality by flukes of fate or fortune. Those who depend upon luck generally experience bad luck. The ability to hold a job depends in the main upon ability. One must be able to control his work and must be able to be controlled in doing his work. One must be able, as well, to leave certain areas uncontrolled. One's intelligence is directly related to his ability. There is no such thing as being too smart. But there is such a thing as being too stupid.

But one may be both able and intelligent without succeeding. A vital part of success is the ability to handle and control, not only one's tools of the trade, but the people with whom one is surrounded. In order to do this one must be capable of a very high level of affinity, he must be able to tolerate massive realities and he must also be able to give and receive communication.

The ingredients of success are then: First an ability to confront work with joy and not honor; a wish to do work for its own sake, not because one "has to have a pay-check". One must be able to work without driving oneself or experiencing deep depths of exhausted. If one experiences these things there is something wrong with him. There is some element in his environment that he should be controlling that he isn't controlling, or his accumulated injuries are such as to make him shy away from all people and masses with whom he should be in intimate contact.

The ingredients of successful work are: training and experience in the subject being addressed, good general intelligence and ability, a capability of high affinity, a tolerance of reality, and the ability to communicate and receive ideas. Given these things there is left only a slim chance of failure. Given these things a man can ignore all of the accidents of birth, marriage or fortune, for birth, marriage and fortune are not capable of placing these necessary ingredients in one's hands. One could

man would be a miserably unhappy one.

who cannot work are not happy men. Work is too. This is the surest foolishness. the stable datum of this society. Without some- If you really looked carefully in the graveyard usually prefers death and works to achieve it. Scientology for the first time in Man's history itself. can predictably raise intelligence, increase We have come to a low level of the ability to and that he does not gain for the whole society them that this book is dedicated. anything of any importance. He does not know several things. One of these is how few good workmen are. On the level of executives, it is Extract from SCIENTOLOGY—A interesting to note how precious any large SLANT ON LIFE by L. Ron Hubbard company finds a man who can handle and control jobs and men really is. Such people are rare. All the empty space in the structure of this work-a-day world is at the top.

And there is another thing which is quite important, and that is the fact that the world today has been led to believe, by mental philosophies calculated to betray them, that when one is dead it is all over and done with and that one has no further responsibility for anything. It is highly doubtful if this is true. One inherits to-

have all the money in the world and yet be un- morrow what he died out of yesterday. Anothable to perform an hour's honest labor. Such a er thing we know is that men are not dispensable. It is a mechanism of old philosophies to The person who studiously avoids work usual- tell men that if they think they are indispensaly works far longer and far harder than the man ble they should go down to the graveyard and who pleasantly confronts it and does it. Men take a look -- those men were indispensable

thing to do there is nothing for which to live. A you would find the machinist who set the modman who cannot work is as good as dead and els going in yesteryear and without whom there would be no industry today. It is doubtful The mysteries of life are not today, with Scien- if such a feat is being performed just now. A tology, very mysterious. Mystery is not a need- workman is not just a workman. A laborer is ful ingredient. Only the very aberrated man not just a laborer. An office worker is not just desires to have vast secrets held away from an office worker. They are living, breathing, him Scientology has slashed through many of important pillars on which the entire structure the complexities which have been erected for of our civilization is erected. They are not cogs men and has bared the core of these problems. in a mighty machine. They are the machine

ability, bring about a return of the ability to work. Offices depend very often on no more play a game, and permits Man to escape from than one or two men, and the additional staffs the dwindling spiral of his own disabilities. seem to add only complexity to the activities Therefore work itself can become a game, a of the scene. Countries move forward on the pleasant and happy thing. There is one thing production of just a few factories. It is as which has been learned in Scientology which though the world were being held together by a is very important to the state of mind of the handful of desperate men who by working workman. One very often feels in his society themselves to death may keep the rest of the that he is working for the immediate pay-check world going, but again they may not. It is to

NEW



# **FIRST AID**

If somebody is injured, you can assist in many sprains or breaks is much swifter with SCIEN-TOLOGY assists.

ages Man has known that "laying on of hands" or Mother's kiss was effective therapy. Even It is not power from your finger which is aidgripping, in pain, an injured member, seems to help. But Man neglected the most important at your finger down through his body. You are part of "laying on of hands". This follows.

the injured member, very lightly, and say to the person, "Put your attention on my hand". this area with his own energy. Now change the position of your finger or palm and have the person do it again.

It is best to touch the individual on spots

which are further from his head than the injury. Do not talk excessively. But coax him, as you touch, briefly, spot after spot, to put his attention on your finger or fingers or palm.

Change the spot every moment or two. Be calm. Be reassuring. If the person experiences ways. Recovery from a burn or bruise or even pain or trembling as a result, keep on, for the assist is working. Continue in this fashion for many minutes or half an hour if necessary, un-The most elementary assist is easily done. For til pain or upset is gone. During this assist the person has his eyes closed.

ing him. It is power he generates by "looking" putting him into communication with the inju-Do this exactly and do it with a minimum of ry. His communication with it brings about the recovery. Ordinarily injuries, sprains, burns, Place your index finger or fingers or palm on scalds, broken bones, headaches and colds heal slowly because the individual is avoiding

## A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

#### **Exercises One, Two and Three**

#### **Exercise One**

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

#### Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

#### PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you knowWhat you know is what you knowAnd to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

Of course we can talk about honor, truth, all these things, The esoteric terms.

But I think they'd all be covered very well

If what we really observed was what we observed,

That we took care to observe what we were observing,

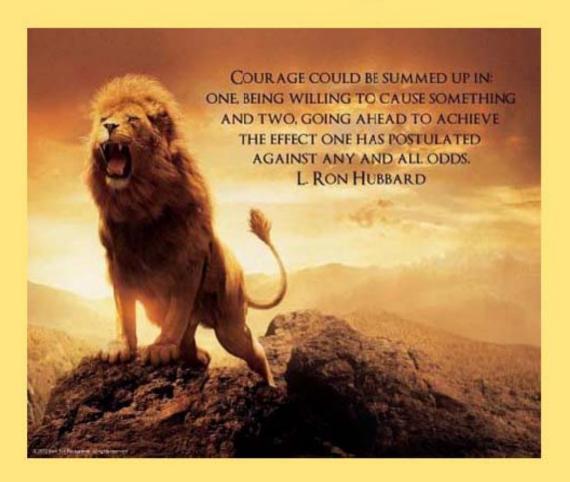
That we always observed to observe.

And not necessarily maintaining a sceptical attitude, A critical attitude or an open mind. But certainly maintaining sufficient personal integrity And sufficient personal belief and confidence in self And courage that we can observe what we observe And say what we have observed.

Nothing in Dianetics and Scientology is true for you Unless you have observed it And it is true according to your observation. That is all.

L. Ron Hubbard

# **Group Starter Kit** for Scientologists



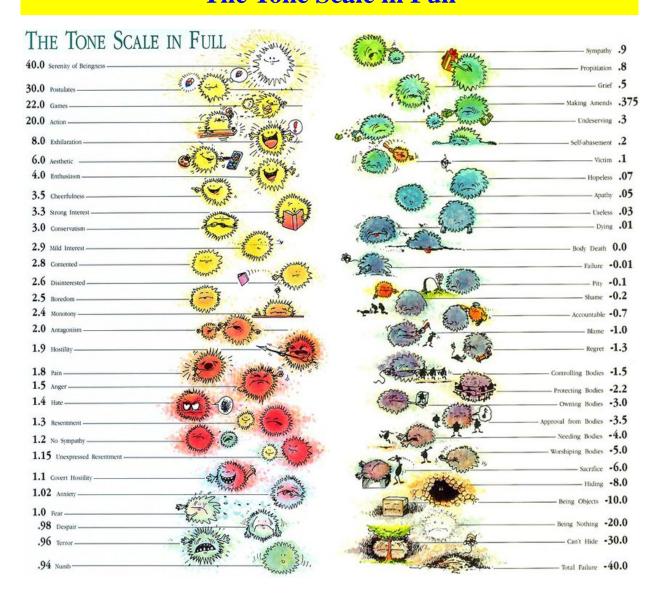
#### A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today! <a href="http://independent-scientologists-association.net/start-a-group.shtml">http://independent-scientologists-association.net/start-a-group.shtml</a>

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## The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

#### Scientology 0-8. The Book of Basics

#### Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

- 1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
- 2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
- 3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
- 4. Get a physical examination and if anything is chronic get it cured.
- 5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



Join The Association of Professional Independent Scientologists today and make a difference to your life!

http://independent-scientologistsassociation.net

# Regain your ABILITY and POWER as a Thetan

#### by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

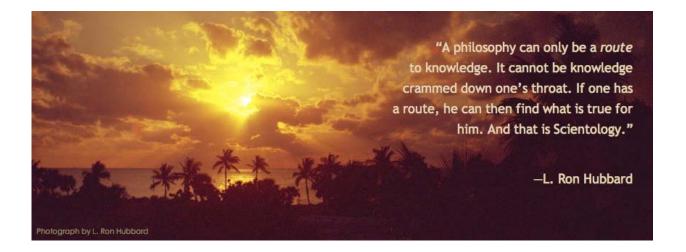
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, an and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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